



Brain Injury Waikato Seminar: Brain Injury through various lenses

For Health Professionals & Service Providers

We would like to invite you and your colleagues to a seminar to share a few different lenses to help understand brain injury and how it can impact an individual and their whānau.

When: Friday, 1 November 2024
Time: 9am to 3pm
Where: Agora Café, Event space,
13B Kent Street, Frankton, Hamilton

To register:

Register online at <https://www.braininjurywaikato.org.nz/brain-injury-waikato-seminar-2024/>

Or

email admin@braininjurywaikato.org.nz with the following information:

1. Name & surname
2. Contact phone number
3. Certificate of attendance required Y/N
4. Please advise of any dietary requirements

Cost: \$120 including light lunch

Method of payment:

Online – SBS account: 03-1355-0691730-00

Credit card – Online

Please Register by 2nd October 2024, spaces will be limited

Phone: 07 8391191 or 022 381 2369

Email: admin@braininjurywaikato.org.nz

Web: www.braininjurywaikato.org.nz

Program and speakers:

- 0900-0920: **Registration and finding seats**
- 0920-0930: **Welcome**
- 0930-1030: **Associate Professor Kelly Jones (AUT)**
An introduction to mild traumatic brain injury (mTBI) in tamariki in Aotearoa New Zealand, prevention strategies and supporting recovery.
- 1030-1045: **Morning Tea**
- 1045-1115: **Bobbie Bryce, MSc Hons Cog Psych, BSc, Dip RE.**
An introduction to the cognitive perspective in psychology focuses on how the interactions of thinking, emotion, creativity, and problem-solving abilities affect how and why you think the way you do. This will be an interactive workshop where you will practising strategies and exercises to improve brain connections.
- 1115-1215: **NeuroConnect Directors - Jenna Bagley (Physiotherapist) and Sarah Lillas (Occupational Therapist)**
Importance of community rehabilitation after a brain injury and what community rehabilitation looks like (Non ACC).
- 12.15-1300: **Lunch and networking**
- 1300-1400: **Dr Muthu and Dr Timmings**
Brain injury from a neurosurgeon and neurologist perspective.
- 1400-1430: **Paula Money Penny, MCouns (first class Honours), Post Graduate Certificate in Professional Supervision, MNZAC**
Compassion Focussed Therapy through a trauma-informed lens: How CFT can be utilised to support emotional adjustment post-injury for patients/clients who have experienced Traumatic Brain Injuries.
- 1430-1450: **Neuro Functional Wellbeing: Paul Hellings, complementary health practitioner**
Rebooting the brain's operating system after a concussion (To reboot is to reload the operating system of a computer: to start it up again. Booting is starting a computer's operating system, so rebooting is to start it for a second or third time. Rebooting is usually necessary after a computer crashes, meaning it stops working because of a malfunction.)
- 1450-1500: **Closing**

Learn More about our speakers:

- **Dr Kelly Jones**
[Kelly Jones Profile | Auckland University of Technology \(aut.ac.nz\)](#)
- **Bobbie Bryce**
[Brain Injury bio Bobbie Bryce.docx](#)
- **NeuroConnect**
[NeuroConnect Website](#)
- **Dr Muth and Dr Timmings | Waikato Brain and spine**
[Waikato Brain & Spine Specialists website](#)
- **Paula Moneypenny**
[Paula Moneypenny Counsellor & Supervisor | Website](#)
- **Neuro Functional Wellbeing: Paul Hellings**
[Neuro Functional Wellbeing | Website](#)

Big thank you to these providers of support for our seminar:



**AUT NATIONAL INSTITUTE FOR
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